



Fishers Island Junior Sailing



April, 2009

Dear Sailing Community,

As the grip of winter slowly loosens on the northeastern US and Moscow, we seek respite in the thought of a long, peaceful, sail under a blue, sun-drenched sky along the shores of Fishers. Further solace is garnered by the fact that it's time for the April summer mailing!

The spring thaw begins with news that Pete Smith will not be returning this summer as he is finishing a Masters from Columbia's Graduate School of Education. Under Pete's leadership for the last three years, the sailing program made great strides; we thank him and wish him well as he begins his next sail.

Fortunately with spring comes new beginnings, and we are very pleased and excited to announce the Joint Sailing program's new sailing director, Meris Tombari. As many of you know, Meris grew up on Fishers and is an accomplished product of the very program she will lead. After earning her share of trophies on Fishers, Meris quickly became a key member of Brown University's Sailing Team earning the title of ICSA Academic All American two years in a row. Besides her national collegiate sailing success, Meris has, most recently, competed internationally representing USA in the 2009 ISAF Team Racing World Championships in Perth, Australia. Off the water, Meris teaches first graders at Greenwich Academy in Connecticut. As a sailor, teacher, past instructor, and individual Meris offers the program an abundance of skills, experience, and enthusiasm. We are thrilled that Meris has agreed to lead the sailing program this summer, please welcome her back!

In addition to a Director search this fall/winter, we were also busy completing a mission statement for the Junior Sailing Program. The sailing program, as most of you know, is a joint venture between the Fishers Island Yacht Club and Hay Harbor Club. Since it is a joint program, the two clubs have worked together to draft a mission statement to articulate the joint purpose and goals of the program. The mission statement is as follows:

The mission of the Joint Venture Junior Sailing Program between the Fishers Island Yacht Club and the Hay Harbor Club is to develop in the youth of both clubs a life-long interest in sailing. The program aims to provide a safe and gentle learning experience for the younger children; seamanship and familiarity with different types of sailboats for older children as well as teens; an enjoyable recreation sailing atmosphere for all sailors of all levels; and a challenging racing program at West Harbor with opportunities to compete in ECSA regattas.

After an extremely successful program last year, the Fast Start Clinic will be held Thursday the 25th of June to Sunday June 28 and has been expanded to include both 420s and Optis. Please refer to the enclosed flyer for more information.

Please remember, the Junior Sailing Program encourages participation at all levels. If your child is not a racer or is relatively late to the sailing scene, he/she may be well placed in the Sailing and Seamanship Class. Many hesitant sailors have truly enjoyed sailing again due to this class. Check it out!

We look forward to seeing you all on the water soon.

With kind regards,

The Sailing Committee Co-Chairs:

Beth Cashel & Anne Cutler for HHC and Bill & Suzy McCance for FIYC

CLUB COMMITTEES

Executive Committee: Charlie Wilmerding (Chair)

Linda Rutherford Borden, Davis Clayson, Leslie Coleman, Josh Leuchtenburg

Strategic Planning Committee: Charlie Wilmerding (Chair)

Vinton Bauer, Linda Rutherford Borden, Josh Leuchtenburg, Jennifer Parsons,
David Stack, Bill Stengel, Thor Thors

Facilities Committee: Ken Hanau (Chair)

Thor Thors, Peter Upson

Finance Committee: Davis Clayson (Chair)

Lincoln Frank, Bill Stengel, Charlie Wilmerding (Ex-Officio)

Legal Committee: Josh Leuchtenburg (Chair)

David Stack

Nominating Committee: Gerry Cameron (Chair)

Bob Anthony, Peter Lawrence, Audrey Ludemann

Membership Committee: Leslie McElwreath (Chair)

Wendy Bingham, Heather Burnham, Nancy Gerry (Honorary), Ken Hanau,
Ellen Harvey, Audrey Ludemann, Jim Rutherford, Christopher Sanger,
Mimi Simpson, Ann von Stade, Charlie Wilmerding (Ex-Officio)

Entertainment Committees: Leslie Coleman & Jennifer Parsons (Co-Chairs)

Youth Dances: Tats George (Chair)

Ellet Jones, Wendy O'Neil

Children's Activities: Eve Hood (Chair)

Tina Miller, Sara Upson

Teen Activities: Molly Burr & Roelfien Kuijpers (Co-Chairs)

Lauren Calahan, Margot Congdon, Allison Goss, Ranny Hanau, Jennifer Sednaoui

Senior Member Dinners: Peg Campbell (Chair)

Centennial Celebrations: Leslie Coleman & Jennifer Parsons (Co-Chairs)

Heather Burnham, Elizabeth duPont, Kathy Parsons, Kandi Sanger,
Betsy Cameron Taylor, Anne Wilmerding

Dining: Mary-Eileen Anderson & Amy Manny (Co-Chairs)

Tom Geniesse, Josh Leuchtenburg, Laurie Marshall, Jennifer Parsons,
Nancy Parsons, Berkeley Soper, Virginia Thors

Sports Committees: Elizabeth Reid & Genie McPherson Trevor (Co-Chairs)

Golf: Peter Upson (Chair)

Peg Campbell, Kevin Coleman, Clark Hood, Dwight Moody,
Genie McPherson Trevor, Ann von Stade, Art Walsh

Sailing: Beth Cashel & Anne Cutler (Co-Chairs for HHC)

Bill McCance & Suzy McCance (Co-Chairs for FIYC)
Daphne Ball, Meg Bereday, Elizabeth Callander, Diana Fiske, Louise Gaumont,
Jennifer Parsons, Sarah Rose, Jo Sochi

Tennis: Diana Fiske (Chair)

Jeff Campbell, Bill Colman, Faith Coolidge, Ace Crary, Anita Fritze,
Wendy O'Neil, Ann Noyes, Jennifer Sednaoui, Sarah Stack

Waterfront – Faith Coolidge & Colleen Moody (Co-Chairs)

Swimming & Playground: Laura Johnson, Louise Patterson, Maisie Pollard,
Berkeley Soper, Sarah Stack

Windsurfing & Kayaking: Beth Cashel, Allison Goss

Fishers Island Yacht Club/Hay Harbor Junior Sailing Program

REGISTRATION FORM

Sailor's Name _____ Date of Birth _____

Parent or Guardian _____ F.I. Tel. _____

HHC Member Number: _____ FIYC Member: YES or NO (circle one)

Dates of Participation: _____ to _____
Start Date End Date

- Please Note:**
- All prospective sailors must pass a swim check administered by the program.
 - All students must own a life jacket and wear it at all times on the dock and during lessons.
 - Two week minimum for Jr. Sailing Clinics.

____ **Novice I Optimist:** M/W/F 8:00 am - 9:00 am, 9:15 am - 10:15 am, 10:30 am - 11:30 am

For 1st or 2nd year sailors. Minimum age 7. Optimist Prams are used with 1 or 2 sailors per boat and a junior instructor when possible. Classes meet three times per week. EACH CHILD IS EXPECTED TO ATTEND ONLY THE CLASS FOR WHICH HE OR SHE HAS SIGNED UP.

____ **Novice II Optimist:** M/W/F 8:30 am - 9:30 am, 9:45 am - 10:45 am, 11:00 am - 12:00 pm

For 2nd or 3rd year sailors. Completion of Novice I class or equivalent skills required. Club Optimists are used with 1 or 2 sailors per boat. Classes meet three times per week. EACH CHILD IS EXPECTED TO ATTEND ONLY THE CLASS FOR WHICH HE OR SHE HAS SIGNED UP.

____ **Intermediate Optimist:** M 9:00 am - 11:00 am, TH 8:00 am - 10:00 am,
F 9:00 am - 11:00 am, F 1:15 pm - 3:30 pm Racing at HHC

Completion of Novice II class or equivalent skills required. For sailors ages 9 to 11 who have mastered basic skills and wish to improve their understanding and technique. All sailors must own or have access to a boat (see Boat Clearinghouse).

____ **Hay Harbor Racing:** M/T/TH 3:00 pm - 5:00 pm, F 1:15 pm - 3:30 pm Racing at HHC

Completion of Intermediate class or equivalent skills required. For sailors ages 10 to 13 who have advanced skills and want to learn racing techniques and strategies. All sailors must own or have access to a boat (see Boat Clearinghouse).

____ **West Harbor Racing:** M/T/TH 1:00 pm - 4:00 pm, F 1:00 pm - 4:00 pm Racing at FIYC

Completion of Hay Harbor Racing class or equivalent skills required. For sailors ages 11 and up who are ready to participate in regattas. Students sail at FIYC with an exciting regatta schedule and outstanding opportunities to perfect their skills and enjoy sailing in a more challenging environment. All sailors must own or have access to a boat (see Boat Clearinghouse).

____ **420:** M/T/TH 1:00 pm - 4:00 pm, F 1:00 pm - 4:00 pm Racing at FIYC

Completion of West Harbor Racing class or equivalent skills required. For highly advanced sailors ages 14 and up who have a firm grasp of racing and who are ready for the physical and tactical challenges of a high performance dinghy. Students sail from FIYC in 420s provided by the program.

____ **Sailing & Seamanship:** T and TH 9:30 am - 11:30 am at FIYC

No prior sailing experience required. This program is designed for older children and teens who prefer not to be in the racing program, but who love being out on the water. Sailors will learn to sail as crew and skipper in a variety of boats (420s, Ideal 18s, Bullseyes) provided by FIYC. Seamanship skills will also be an important component of this class.

____ **Teen & Adult Clinic:** W 2:00 pm - 4:00 pm at FIYC

For teens and adult sailors of all ability levels working with our instructors to improve their skills. Clinics will take place at FIYC in 420s, Ideal 18s and Bullseyes provided by the program.

BOAT CLEARINGHOUSE

DO YOU HAVE AN OPTI THAT IS AVAILABLE TO RENT OR SELL? **YES** **NO**

WHEN IS IT AVAILABLE? SEASON JULY AUGUST

YOUR NAME _____

PHONE (Winter/Summer) _____

E-MAIL _____

DO YOU NEED TO RENT OR BUY A BOAT? **YES** **NO**

WHEN DO YOU NEED THE BOAT? SEASON JULY AUGUST

NAME AND LEVEL OF SAILOR(S) _____

YOUR NAME _____

PHONE (Winter/Summer) _____

E-MAIL _____

PLEASE RETURN THIS FORM TO HHC OFFICE

Anne Cutler will be coordinating the boat clearinghouse and all inquiries should be directed to her at:

Email: fourkidsrfun@aol.com

Cell: 646-522-0147 or during the summer months 631-788-7189

To ensure that all participants have access to a boat, please make arrangements well before arriving on the Island. Boats rented through this program are available on a first come, first served basis with a limited number of boats.

SAILING

The Sailing Program is a joint venture between the Hay Harbor Club and the Fishers Island Yacht Club. Its mission is as follows:

The mission of the Joint Venture Junior Sailing Program between the Fishers Island Yacht Club and the Hay Harbor Club is to develop in the youth of both clubs a life-long interest in sailing. The program aims to provide a safe and gentle learning experience for the younger children; seamanship and familiarity with different types of sailboats for older children as well as teens; an enjoyable recreation sailing atmosphere for all sailors of all levels; and a challenging racing program at West Harbor with opportunities to compete in ECSA regattas.

Rules and Information

Safety

1. **Children must wear life-jackets while sailing and while on the sailing dock.**
2. All prospective sailors must pass a swim check administered by the program.
3. The sailing dock is not considered a play or swimming area. Children should not run on the dock. The sailing shed should not be used as a recreation area.
4. Rules will be posted at the clubhouse and sailing shed, and will be enforced in the interest of safety.
5. Medical forms must be properly completed and returned prior to acceptance into the sailing program.
6. In order to assure the safety of children sailing or rowing, water skiing is permitted **after 6:00 pm** and is limited to two boats traveling in the same direction at one time. Each boat must carry an observer as well as a driver. All skiers must wear lifejackets. Any member found violating these rules will be subject to suspension. For safety reasons, motorboats entering the sailing area should proceed at slow speed.
7. If you are a **Yacht Club member** with a child age 9 or under, a caregiver 14 or older must take the child to the sailing clinic and pick them up at the end of the clinic. Though it is not required, Yacht Club members with children of any age are welcome to stay at Hay Harbor to watch their child during the clinics. There are chairs on the porch of Hay Harbor as well as chairs by the sailing sheds.

Boat Usage

1. Novice level sailors use Optimists or Optimist Prams supplied by the program for their lessons.
2. Intermediate, Hay Harbor Racing, and West Harbor Racing sailors must rent or buy a boat for their use. See section on Boat Clearinghouse.
3. 420 sailors use boats provided by the program.
4. In order to optimally maintain all the sailing equipment as well as keep the sailing shed tidy, we require individually-owned boats to have all parts labeled properly. Please see the Boat Closeout and Commissioning List in the back flap.

Liability

1. Except during Novice lessons, a sailor is responsible for the damage caused by and to the boat on which he or she is skipper. There are prescribed rules for determining fault in all instances.

Responsibility

1. All sailors are responsible for the repair and maintenance of their boats.
2. Sailors using HHC or FIYC boats are responsible for keeping the boat they use in good order, and are also responsible for damage to the boat.
3. It is very important for students to be on time for lessons.

SAILING LESSONS AND CLINICS

- **All prospective sailors must pass a swim check administered by the program.**
- **All students must own a life jacket and wear it at all times on the dock and during lessons.**
- **Two-week minimum for Jr. Sailing Clinics.**
- **Novice classes meet for one hour M/W/F.
Intermediate classes meet for two hours M/TH/F, plus optional races Friday afternoon.
Hay Harbor Racing and West Harbor Racing classes meet M/T/TH, plus optional races Friday afternoon.**
- **In order to maintain safe and effective instructor-sailor ratios, sailors must be signed up 24 hours in advance of the class meeting time.**

Novice I Optimist: M/W/F 8:00 am - 9:00 am, 9:15 am - 10:15 am, 10:30 am - 11:30 am
For 1st or 2nd year sailors. **Minimum age 7.** Optimist Prams are used with 1 or 2 sailors per boat and a junior instructor when possible. Classes meet three times per week. Each child is expected to attend only the class for which he or she has signed up.

Novice II Optimist: M/W/F 8:30 am - 9:30 am, 9:45 am - 10:45 am, 11:00 am - 12:00 pm
For 2nd or 3rd year sailors. Completion of Novice I class or equivalent skills required. Club Optimists are used with 1 or 2 sailors per boat. Classes meet three times per week. Each child is expected to attend only the class for which he or she has signed up.

Intermediate Optimist: M 9:00 am - 11:00 am, TH 8:00 am - 10:00 am,
F 9:00 am - 11:00 am, F 1:15 pm - 3:30 pm Racing at HHC
Completion of Novice II class or equivalent skills required. **For sailors ages 9 to 11** who have mastered basic skills and wish to improve their understanding and technique. All sailors must own or have access to a boat (see Boat Clearinghouse).

Hay Harbor Racing: M/T/TH 3:00 pm - 5:00 pm, F 1:15 pm - 3:30 pm Racing at HHC
Completion of Intermediate class or equivalent skills required. **For sailors ages 10 to 13** who have advanced skills and want to learn racing techniques and strategies. All sailors must own or have access to a boat (see Boat Clearinghouse).

West Harbor Racing: M/T/TH 1:00 pm - 4:00 pm, F 1:00 pm - 4:00 pm Racing at HHC Completion of Hay Harbor Racing class or equivalent skills required. **For sailors ages 11 and up** who are ready to participate in regattas. Students sail at FIYC with an exciting regatta schedule and outstanding opportunities to perfect their skills and enjoy sailing in a more challenging environment. All sailors must own or have access to a boat (see Boat Clearinghouse).

420: M/T/TH 1:00 pm - 4:00 pm, F 1:00 pm - 4:00 pm Racing at FIYC Completion of West Harbor Racing class or equivalent skills required. **For highly advanced sailors ages 14 and up** who have a firm grasp of racing and who are ready for the physical and tactical challenges of a high performance dinghy. Students sail from FIYC in 420s provided by the program.

Sailing & Seamanship: T and TH 9:30 am - 11:30 am at FIYC No prior sailing experience required. This program is designed for older children and teens who prefer not to be in a racing program, but who love being out on the water. Sailors will learn to sail as crew and skipper in a variety of boats (420s, Ideal 18s, Bullseyes) provided by FIYC. Seamanship skills will also be an important component of this class.

Teen & Adult Clinic: W 2:00 pm - 4:00 pm at FIYC For teen and adult sailors of all ability levels working with our instructors to improve their skills. Clinics will take place at FIYC in 420s, Ideal 18s, and Bullseyes provided by the program.

Boat Clearinghouse

All Optimist sailors, except Novice I & II, must own or have made arrangements to use a boat. The program will run a boat clearinghouse for members who would like to buy, sell or rent a boat.

Please note: If you have a West Harbor Racing Optimist sailor, his or her boat will be at FIYC and not available to share with any siblings who are in Intermediate or Hay Harbor Racing classes.

If you would like to buy or rent an Optimist, the program will make every effort to locate a person who wishes to sell or rent a boat. A name and number will be provided to you. In the event we are unable to find an available boat, or if you would like to purchase a new boat, we can provide you with the name of an Optimist dealer. Boats rented through this program are available on a first come, first served basis with a limited number of boats.

Anne Cutler will be coordinating the boat clearinghouse and all inquires should be directed to her at:

Email: fourkidsrfun@aol.com

Cell: 646-522-0147 or during the summer months 631-788-7189

To ensure that all participants have access to a boat, please make arrangements well before arriving on the Island. If you own a boat and wish to sell or rent it for the season or half of the season, please let us know by emailing Anne Cutler. Please see also the Boat Closeout and Commissioning List in the back flap.

Miscellaneous

1. **No lessons are held the day of the annual Fishers Island Optimist Regatta (JULY 14) and the annual Fishers Island 420 Junior Regatta (AUGUST 6).**
2. Races are held on Friday afternoons from 1:15 pm - 3:30 pm at HHC for Intermediate and Hay Harbor Racing.
3. Races are held on Friday afternoons from 1:00 pm - 4:00 pm at FIYC for West Harbor Racing and 420 sailing.
4. When the weather is inclement due to fog, rain or lack of wind, please check with the instructor for the ending time of the lesson.
5. **For safety reasons, lessons at HHC will meet at the sailing shed, not on the sailing dock.**

Regatta Information

1. **Boat Transportation** - The sailing program assumes no liability for damage that occurs to a member's boat while it is being transported to a regatta. Incidental damage repair is the responsibility of the owner.
2. **Class Schedules on Regatta Days** - When the West Harbor Racing or 420 classes are attending a regatta, no class is held for those who choose not to attend the event. This does not apply to Intermediate and Hay Harbor Racing classes, which meet as scheduled.
3. **Regatta Entry Forms** - Regatta entry forms distributed by the sailing instructors prior to a regatta must be completed and returned promptly to the instructor.
4. **Regatta Fees** - Sailors are responsible for paying the entry fees for regattas in which they participate. For a two person boat, the entry fee is generally shared by the skipper and crew. If a sailor forgets to bring money for the entry fee, the fee will be paid by the program and billed to the sailor.
5. **Regatta Expenses** - Any additional expenses incurred by sailors at regattas (i.e. lunch, ferry, private charter if participants arrive in New London after last ferry, land transportation) will be billed to the member directly.
6. **Cancellation Policies for Sailing Regattas** - Any questions concerning cancellation of a Regatta due to inclement weather, please call the Hay Harbor Office at (631) 788-7323 or Meris Tombari at (860) 501-1253.

**SCHEDULE FOR
FIYC/HHC JUNIOR SAILING PROGRAM
2009**

<u>DATE</u>	<u>EVENT</u>	<u>BOAT</u>	<u>TIME/LOCATION</u>
Mon. 6/29	Lessons Begin		
Fri. 7/3	Friday Races Begin	Optis	13:15-15:30 HHC
		420s	13:00 -16:00 FIYC
Tues. 7/14	Fishers Island Opti Regatta	Optis	NO SAILING LESSONS
Fri. 7/17	Ferguson Cup	Optis	13:15-15:30 HHC
Fri. 7/24	Parent/Child Race	Optis	13:15-15:30 HHC
Sat. 7/25	HHC July Awards Day		08:00 HHC
Thurs. 8/6	Fishers Island 420 Regatta	420s	NO SAILING LESSONS
Fri. 8/14	Lady Salvage Cup	Optis	13:15-15:30 HHC
Fri. 8/21	Parent/Child Race	Optis	13:15-15:30 HHC
Fri. 8/28	Lessons End		
Sat. 8/29	HHC August Awards Day		08:00 HHC

**Complete Opti and 420 racing schedules will be available
at the beginning of the season.**

CANCELLATION POLICIES FOR SAILING REGATTAS

Any questions concerning cancellation of a regatta due to inclement weather please call the Hay Harbor Office at (631) 788-7323 or Meris Tombari at (860) 501-1253.

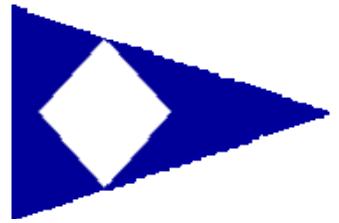
FIYC/HHC 2009 JUNIOR SAILING PROGRAM

<i>Day</i>	<i>Date</i>	<i>Event</i>	<i>Boat</i>
TH-SU	6/25-6/28	Fast Start Clinic	420/Opti
MO	6/29	Lessons Begin	
FR	7/3	Friday Races Begin	
TU	7/7	Niantic Bay Jr. Olympics	Opti/420
WE	7/8	Groton Long Point Jr. Regatta	420
TH	7/9	Watch Hill Opti Regatta	420
TU	7/14	Fishers Island Opti Regatta	Opti
TH	7/16	Austin LaFrance Opti Regatta	Opti
FR	7/17	Ferguson Cup	Opti
TU	7/21	Salle Evelyn Regatta	420
FR	7/24	Parent Child Race	Opti
SA	7/25	HHC July Awards Day	
TH	7/30	Watch Hill 420 Regatta	420
FR	7/31	Masons Island Regatta	Opti/420
TH	8/6	Fishers Island 420 Regatta	420
WE	8/12	Groton Long Point Opti Regatta	Opti
FR	8/14	Lady Salvage Cup	Opti
FR	8/21	Parent/Child Race	Opti
FR	8/28	Lessons End	
SA	8/29	HHC August Awards Day	

Optional travel regattas will be announced at a later date.

2009 ACTIVITY FEE SCHEDULE

Family BBQ	18.00		TENNIS	<u>ASS'T PRO</u>	<u>HEAD PRO</u>
(Children 6 and under)	9.00		Private Lesson (45 min)	45.00	65.00
Thursday Dance	8.00		Semi-Private (45 min)		
Pizza Bingo/Bowling/Pool Party	8.00		Per person	30.00	40.00
Chip/Dip/Volley/Games	35.00		Ladies Clinic	per clinic	25.00
Pilates Class/Cardio Class	18.00		Cardio		15.00
Sunset Deck Food Minimum	100.00		8 & Under Clinic		
Restaurant "No Show" Fee	30.00		4 weeks		125.00
(per person)			2 weeks		65.00
SAILING			Junior Clinic	per clinic	25.00
Optimist Rental season	350.00		Team Clinic (M,F,S)	per clinic	25.00
month	200.00		Interclub		10.00
Winter Storage	150.00		Ladder		20.00
Private Lesson (1 hr)	45.00		Tournament/Round Robin Fee		15.00
(3 pack)	120.00		Ball Machine Rental (1 hr)		10.00
Semi-Private (1 hr)	each 35.00		Guest Fee (per person)		12.00
Monthly Rates:			Pro "Fill-in" (90 min)	per person	30.00
Novice Optimist I & II			SWIMMING		
4 weeks	275.00		Level Clinics		
2 weeks	150.00		4 weeks		90.00
Intermediate Optimist/			2 weeks		55.00
Hay Harbor Racing			1 week		35.00
4 weeks	340.00		Private Lesson (1/2 hr)		25.00
2 weeks	180.00		Semi-Private Lesson (1/2 hr)	each	20.00
West Harbor Racing			Swim Team		
4 weeks	365.00		4 weeks		150.00
2 weeks	195.00		2 weeks		75.00
420s			Pool Guest Fee (per person)		7.00
4 weeks	365.00		DIVING		
2 weeks	195.00		Beginner/Intermediate Clinic (45 min)		30.00
Sailing & Seamanship			Diving Team (90 min)		60.00
4 weeks	295.00		Level Clinics (per week)		50.00
2 weeks	170.00		Saturday Clinic (90 min)		20.00
Teen & Adult Class (per class)	30.00		Private Lesson (30 min)		30.00
GOLF			Semi-Private Lesson (30 min)		25.00
<u>ASS'T PRO</u>		<u>HEAD PRO</u>	Diving Olympics		25.00
Junior Lesson (1/2 hr)	35.00	45.00	WINDSURFING & KAYAKING		
Junior Lesson (1 hr)	60.00	85.00	Private Lesson (50 min)		40.00
Adult Lesson (1/2 hr)	45.00	55.00	Semi-Private (50 min)	each	30.00
Adult Lesson (1 hr)	80.00	110.00	Jr. Windsurfing Team (3 hrs)		90.00
Junior Clinic (4 weeks)		160.00	Board use - instructor permission &		
Super Juniors (each week)		37.50	availability (1 hr)		15.00
Junior Development (each week)		40.00	Clinics (2 hrs)	each	60.00
5 & Under Clinic (45 min.)		20.00	Kayaking Adventure (5 hrs)	each	150.00
Guest Green Fee w/member		30.00	Windsurfing Racing		
Guest Green Fee w/out member		55.00	with Club equipment		45.00
Jr. Green Fee w/member (under 16)		10.00	with own equipment		35.00
Ladies Day Fee		5.00			
Club Championships		N/C			
Handicap Fee		22.00			
Bag Slot		35.00			
Cart Rental Gas/Pull	15.00/5.00				
Pull Cart Storage (summer)		35.00			
Cart & Bag Storage (winter)		35.00			



Fishers Island Yacht Club

2nd Annual Fast-Start Opti & 420 Clinic



Thursday, June 25 :
Optional Rigging Clinic

Friday, June 26, 2009 -
Sunday, June 28, 2009

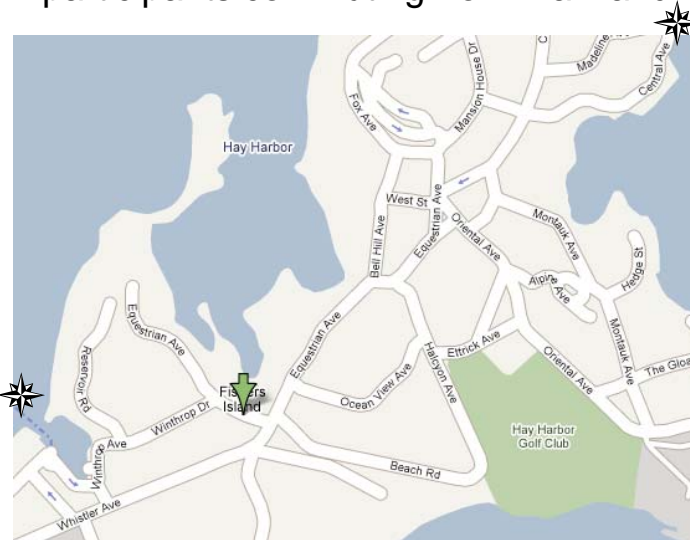
Directions to Fishers Island

Fishers Island is accessible by ferry from New London, CT. For complete schedule, please visit:

www.fiferry.com

Transportation can be arranged from ferry dock to FIYC

Breakfast provided for clinic participants commuting from mainland



Directions from ferry to Fishers Island Yacht Club

- Leave Ferry Dock.
- At T-intersection, go **Left** on Whistler Ave.
- Whistler Ave. turns into Equestrian Ave. Go straight. Get to town green, post-office on left.
- **Left** a T-intersection.
- **Right** at stop sign.
- After baseball field on left, **RIGHT** onto Central Ave.
- FIYC is on right.

Pre-Register!

If you have any interest in the Fast Start clinic, please complete the pre-registration form.

Please mail form to:

Meris Tombari, PO Box 357 • Fishers Island, NY 06390

OR e-mail information to: mtombari@gmail.com

Clinic Goals

Jump Start Summer Sailing Season

- Hone boathandling skills, introduce advanced moves.
- Rules Overview
- Racing Overview
 - Tactics
 - Strategy
 - Regatta Preparation

** Bring your own Opti **

** 420's Provided by FIYC or BYOB**

Clinic Cost: \$225 per sailor

**Opti's: Two years competitive racing.
420's: Minimum of one year 420's.**

Clinic Director: Meris Tombari



Meris Tombari is the sailing director of the Fishers Island Joint Venture Sailing program between Fishers Island Yacht Club and the Hay Harbor Club. Meris has put together a team of 420 coaches to work out the winter rough spots and prepare for a new season of 420 sailing.

Head Opti Coach: Halsey Richartz



From the Wadawanuck Club, Halsey has been coaching Opti's and 420's at FIYC since 2007. He was a three time member of the USODA National team, from '02-'04, and proceeded to dominate in ECSA in Club 420's. He is currently a sophomore at the University of Pennsylvania.

Clinic Schedule

Thursday, June 25th

1:30 p.m. Registration
2:00 p.m. - 5:00 p.m. Optional Rigging Clinic

Friday, June 26th

8:30 a.m. Registration
9:00 a.m. - 4:30 p.m.
Sailing -- Boathandling
6:00 p.m. BBQ and Sailing Slideshow

Saturday, June 27th

9:00 a.m. - 4:30 p.m.
Sailing -- Boatspeed
-- Tactics
-- Rules Review

Sunday, June 28th

9:00 a.m. - 12:30 p.m. Sailing -- Starting
1:30 p.m. - 4:45 p.m.
Sailing -- Instructional Regatta
with on the water coaching
Trophies Awarded

Daily Lunch Break 12:30 - 1:30
Lunches ARE NOT Provided

Questions? Please call Meris at (860) 501-1253 or e-mail at mtombari@gmail.com



Pre-Registration!

If you have any interest in the clinic, please let us know!

Registration deadline
June 1st

Name: _____ Age: _____

Position (circle one): CREW SKIPPER Teammate: _____

Years of sailing experience: _____ 420/Opti experience: _____

Sailor contact info:

Winter: Mailing address: _____
Telephone: _____ Summer Telephone: _____

E-mail addresses: _____

Emergency Contact: _____

Telephone: _____ Relationship to sailor: _____

Sailing Reference / Coach: Name: _____ Contact Info: _____



Hay Harbor Club General Information July 2009



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

21	22	23	24	25	26	27
FATHER'S DAY						CLUB OPENS SUNSET DECK HARBOR DELI OPEN FOR SEASON • 4:00-6:00 Men's Scramble
28	29	30	July 1	2	3	4
	LESSONS BEGIN • 8:00-12:00 Ladies Day Golf			• 8:00 Jr. Golf Day Breakfast • Jr. Golf Play Day • Dance 1, 2, 3 • Dance 4 (13 & Up)	FRIDAY SAILING RACES BEGIN • 8:00-10:00 Men's Day Golf • 9:00 Ladies Round Robin	• 9:00 Swim Races • 4:00-6:00 Mixed Scramble
5	6	7	8	9	10	11
• 9:00 Parent/Child Round Robin • 6:00 Family BBQ – Please call for reservations	• 8:00-12:00 Ladies Day Golf • 7:30-8:30 Evening Pool Party (Ages 10-12)	• Buffet • 6:00 Tennis Pro Exhibition/ Margarita Night	• 7:00-8:15 Bowling (13 & Up)	• 8:00-9:30 Jr. Golf Play Day (8 & Under) • Chip/Dip/Volley/Games (9 & Up) • Dance 1, 2, 3 Informal/Costume • Dance 4 (13 & Up)	• 8:00-10:00 Men's Day Golf • 9:00 Ladies Charity Tennis Tourn. • 5:00 Jr. Sailing BBQ @ HHC • Trunk Show - Benefits IHP	• Craft Fair on the Green • 9:00 Swim Races • 9:00 HHC Captain's Choice • Men's Doubles Tournament • 6:00 Interested Member/ Membership Committee Cocktail Party - by invitation only • Trunk Show - Benefits IHP
12	13	14	15	16	17	18
• Trunk Show - Benefits IHP • 4:00-6:30 Teen Round Robin	• Pro Junior Golf Tournament • No Ladies Day Golf	• 8:30-12:00 Ladies Day Golf (No Clinic) • HHC/FIYC Opti Regatta NO SAILING LESSONS • Buffet	• 6:30-8:00 Pizza Bingo • 8:30-9:30 Evening Pool Party (13 & Up)	• Jr. Golf Play Day • Junior Golf Championship • 2:45-4:00 Multi-Generational Tennis Round Robin (Adults w/ 8-12 yr. olds) • Dance 1, 2, 3 (No Teen Dance)	• 8:00-10:00 Men's Day Golf • 9:00 Ladies Round Robin • 1:15 Ferguson Cup (Optis) • 6:00-8:00 Sandcastle Night @ FIC Open to All	• 9:00 Swim Races • 11:00-12:00 Diving Olympics • 3:00-5:00 Centennial Mixed Round Robin • Men's Golf Championship • 6:30 Centennial Celebration
19	20	21	22	23	24	25
• 9:00 Parent/Child Round Robin	• 9:00 Ladies Golf Club Championship • Junior Tennis Championship	• Junior Tennis Championship • Buffet	• Junior Tennis Championship • 5:00-7:00 Super Juniors Captain's Choice Golf (13 & Up) with sandwiches	• Jr. Golf Play Day • Junior Tennis Championship • Dance 1, 2, 3 • Dance 4 (13 & Up)	• 8:00-10:00 Men's Day Golf • 9:00 Ladies Round Robin • Sr. Men's Golf Championship • 1:15 Parent/Child Race (Optis) @ HHC • Colvin Cup (Twilight)	• 8:00 Awards Day • 12:00-4:00 Walsh Park Open • 4:00-6:00 Men's Scramble • 6:00 Provisional Member/Board Cocktail Party by invitation only
26	27	28	29	30	31	August 1
	• 8:00-12:00 Ladies Day Golf	• Buffet	• Senior Member Dinner	• Jr. Golf Play Day • Dance 1, 2, 3 (No Teen Dance)	• 8:00-10:00 Men's Day Golf • 9:00 Ladies Round Robin	• 9:00 Swim Races • 4:00-6:00 Mixed Scramble

NOTE: SEE WEEKLY ACTIVITY BOARD FOR SPECIFIC TIMES AND INFORMATION



Hay Harbor Club General Information August 2009



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

2 • 9:00 Parent/Child Round Robin • 6:00 Family BBQ – Please call for reservations	3 • 8:00-12:00 Ladies Day Golf • 7:30-8:30 Evening Pool Party (Ages 10-12)	4 • Buffet • 6:00 Tennis Pro Exhibition/ Margarita Night	5 • 5:00-7:00 Super Juniors Captain's Choice Golf (13 & Up) with sandwiches	6 • 8:00 Jr. Golf Day Breakfast • Jr. Golf Play Day • HHC/FIYC Regatta (420s) NO SAILING LESSONS • 2:45-4:00 Multi-Generational Tennis Round Robin • Dance 1, 2, 3, Dance 4 (13 & Up)	7 • 8:00-10:00 Men's Day Golf • 9:00 Ladies Round Robin	8 • Craft Fair on the Green • 9:00 Swim Races • 9:00 HHC Captain's Choice • 4:00-6:00 Men's Scramble • 6:00 Interested Member/ Membership Committee Cocktail Party - by invitation only
9 • 4:00-6:30 HHC/FIC Mixed Round Robin @ FIC	10 • 8:00-12:00 Ladies Day Golf • 5:00 Jr. Sailing BBQ @ FIYC	11 • Buffet	12 • 6:30-8:00 Pizza Bingo • 8:30-9:30 Evening Pool Party (13 & Up)	13 • 8:00-9:30 Jr. Golf Play Day (8 & Under) • Chip/Dip/Volley/Games (9 & Up) • Dance 1, 2, 3 Informal/Costume (No Teen Dance)	14 • 8:00-10:00 Men's Day Golf • 9:00 Adult Charity Tournament • 1:15 Lady Salvage Cup (Optis) • 6:00-8:00 Sandcastle Night @ FIC Open to all	15 • 9:00 Swim Races • 11:00-12:00 Diving Olympics • 3:00-5:00 Centennial Mixed RoundRobin • 6:30 Centennial Celebration
16 • 9:00 Parent/Child Round Robin	17 • 8:00-12:00 Ladies Day Golf • Junior Tennis Championship	18 • Junior Tennis Championship • Buffet	19 • Junior Tennis Championship • 7:00-8:15 Bowling (13 & Up)	20 • Jr. Golf Play Day • Jr. Golf Club Championship • Dance 1, 2, 3 • Dance 4 (13 & Up)	21 • 8:00-10:00 Men's Day Golf • 9:00 Ladies Round Robin • 1:15 Parent/Child Race (Optis) @ HHC	22 • 9:00 Swim Races • Men's Doubles Tournament • 6:00 Provisional Member/Board Cocktail Party by invitation only
23 • 4:00-6:30 Teen Round Robin	24 • 8:00-12:00 Ladies Day Golf	25 • Buffet	26 • Senior Member Dinner	27 • Jr. Golf Play Day • Dance 1, 2, 3 (No Teen Dance)	28 LESSONS END FOR SWIMMING AND SAILING • 8:00-10:00 Men's Day Golf • 9:00 Ladies Round Robin	29 • 8:00 Awards Day • 4:00-6:00 Men's Scramble
30 • 9:00 Parent/Child Round Robin	31 • 8:00-12:00 Ladies Day Golf	September 1	2	3	4 • 8:00-10:00 Men's Day Golf	5 • 4:30 Annual Meeting
6 Sunset Deck closes for season • HOG Golf Tournament @ FIC	7 LABOR DAY	8	9	10	11	12

NOTE: SEE WEEKLY ACTIVITY BOARD FOR SPECIFIC TIMES AND INFORMATION