

2011 FAST START RACING CLINIC FOR OPTIS AND 420S

Coached by Brown Sailing Team Captain Fred Strammer and World Class Sailor Jon Enright



Fred Strammer

Fred Strammer is captain of the Brown University Sailing Team and was named a College All-American Skipper. He has won the Sears Cup twice and has competed nationally and internationally on Lightnings, Lasers, and Flying Scots. Fred brings years of experience from the Vanguard Sailing Team and the US Youth Sailing Team.



Jon Enright

Jon Enright returns to coach the 420 Racing Class this summer. He brings years of experience coaching at various clubs throughout his home state of Rhode Island, and has also coached at the Edgartown Yacht Club on Martha's Vineyard. In college, Jon rose to the position of Captain on the Roger Williams sailing team, and has continued past college sailing this year in

both the Melges 32 class and in match races and team races throughout the country.

Friday, June 24 – Sunday, June 26

10:00 - 16:30

**Rigging and Intensive Racing Strategy
BYO Lunch on the Water**

Saturday, June 25

17:00 - 19:30 BBQ and Kickball Game

Sunday, June 26

17:00 Awards and Ice Cream Social

**\$250 for All Registrations by June 1
(\$25 Late Registration Fee)**

This is an advanced Racing Clinic for West Harbor Sailors with prior experience. If you would like to discuss whether your child would benefit from the clinic, please call Sailing Director Meris Tombari at 860-501-1253.

To register: mail completed form and a check made out to **FIYC** before **June 1** to:

Meg Russell, 712 South Newport Ave., Tampa, FL 33606.

After June 1, mail to: **Meg Russell, P.O. Box 648, Fishers Island, NY 06390.**

Name _____ DOB _____

FI Address _____

Email Address(es) _____

**ALL SAILORS MUST SUBMIT A SAILING PROGRAM
WAIVER AND INDEMNITY AGREEMENT (ON PAGE 2) PRIOR TO JUNE 23**

To ensure the safety of your children when involved in the Hay Harbor Club or Fishers Island Yacht Club activities, we are asking parents or guardians to fill out the following form for **each child**. This form will be filed in the Hay Harbor office and will accompany the child on trips away from the Club. This form will be required to be on file for any junior participating in any event. Please return with your scheduling requests.

Emergency Medical Treatment Authorization

Name _____ Date of Birth _____

Parent/Guardian Name _____ Phone _____

Address _____

Emergency contacts:

1. Name _____ Phone _____

2. Name _____ Phone _____

Allergies, chronic illnesses, medical conditions, medication taken, or other pertinent information:

Family Doctor: _____ Phone _____

Last tetanus shot: ____/____/____

If the parent or guardian cannot be immediately reached in the event of injury or illness of the above named child, permission is hereby granted to the Fishers Island Yacht Club and the Hay Harbor Club and their employees to employ and authorize such methods of treatment, as in their judgment, may be necessary.

Signature _____ Date _____

Waiver and Indemnity Agreement

The parent or guardian agrees to indemnify the Fishers Island Yacht Club and the Hay Harbor Club and hold them harmless from any claim arising out of or in connection with any acts or omissions of the above child. The parent or guardian also agrees to hold the Fishers Island Yacht Club and the Hay Harbor Club harmless and to waive all claims arising out of or in connection with acts and omissions of their Directors, agents or employees connected with the above child's association with the Fishers Island Yacht Club and the Hay Harbor Club.

Signature _____ Date _____